

For families with children under the age of 5

# CLARIS PARENTING

Class Calendar



March  
for  
now!

**Mondays 10am (No Class 3/15 & 3/29) (Via Zoom)**  
**Tuesdays 1-2pm (Via Zoom)**  
**Wednesdays 1pm (Via Zoom)**  
**Fridays 12- 1pm (No Class 3/12) (Via Zoom)**

Quarantine Parenting with Niki  
Breakthrough Parenting en Español  
Breakthrough Parenting with Summer  
Parenting en Español

Would you like a one-on-one? Reach out directly!

**Niki:** [niki@clarishealth.org](mailto:niki@clarishealth.org)  
**Summer:** [summer@clarishealth.org](mailto:summer@clarishealth.org)  
**Monica:** [monicam@clarishealth.org](mailto:monicam@clarishealth.org)

Contact Niki for Zoom login details!

**Got Questions?**

[niki@clarishealth.org](mailto:niki@clarishealth.org)  
310-820-2560

**Preguntas?**

[Monicam@clarishealth.org](mailto:Monicam@clarishealth.org)  
323-299-9977